


WELLNESS TRENDS, GUT-BRAIN AXIS & MOOD BALANCE

22 JUNE 2026 – THE VALLEY, C/ ARAPILES 13, MADRID

-  **9:30–10:00** **RECEPTION, MERCÈ PIÑOL DEL OLMO**
Welcome & Opening Remarks
-  **10:00–10:30** **INNOVA MARKET INSIGHTS, ENRIC TARDIO**
Holistic Health in Europe, Consumer Perspectives
& Opportunities in Supplements
-  **10:30–11:00** **AKER BIOMARINE, MERCÈ PIÑOL DEL OLMO**
The Science Behind Muscle, Metabolism and
Cognitive Health
-  **11:00–11:30** **COFFEE BREAK**
-  **11:30–12:00** **GPE, MARÍA CASAS**
Saffron for Mood & Stress Balance
-  **12:00–12:30** **CLOVERTY, ALBERTO SANZ & ÁNGELA RINCON**
Innovation and conceptual formulas in softgels
-  **12:30–13:00** **COMERCIAL QUÍMICA MASSÓ, SILVIA TRUDDA**
ProBioStress and the Gut-Brain Axis
-  **13:00–13:30** **OPEN TRAIL TEAM**
Closing panel discussion
-  **13:30–14:00** **BALCHEM, LENA LEDER**
From Movement to Mind: Vitamin K2 and Choline in
Action

 **14:00–15:00** **LIGHT LUNCH**